



FOR IMMEDIATE RELEASE

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Heath Village Hosts a Virtual Senior Seminar:
The Conversation Project
Thursday, February 8 at 11:00 a.m.

Washington Township, Morris County – On Thursday, February 8th at 11:00 a.m. members of the public are invited to join Heath Village for a *virtual* senior seminar, *Conversation of your Life*.

This program will feature speaker Aging Life Care Professional Christopher Kellogg who will discuss the importance of sharing your wishes for care through the end of life.

Everyone should have “The Talk,” or the “Conversation of your Life,” also known as Advanced Care Planning. Advanced Care Planning consists of sharing preferences of your end-of-life care with your loved ones and your doctors. It’s not enough to be able to say, “they know what I want when that time happens,” it needs to be written down so in the event you are unable to speak for yourself, the healthcare treatment you receive is consistent with what you want. By having these emotionally taxing decisions made clear so that your hopes, wishes, and expectations can be met, you and your loved ones will have peace of mind.

Chris has been a passionate advocate for seniors throughout his more than 20 years in long term and subacute care. He prides himself on forging through obstacles to support his clients' wishes, collaborating with providers throughout the community to create seamless transitions and ensure continuity of care. Chris earned BA degrees in Psychology and Sociology from West Virginia Wesleyan College and earned his MSW from Boston University.

Upon registration, guests will receive an email with a Zoom link to join the virtual seminar.

Heath Village is a full-service retirement community located at 430 Schooley’s Mountain Road in Washington Township, Morris County. For further information, please call 908-852-4801 or visit us on our website at www.heathvillage.com or on Facebook at www.facebook.com/heathvillage.

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